



# **Ethical Reflection**

## **A Single Act of Kindness**

Elementary School Level

**There is a Japanese saying that translates to:  
“One kind word can warm three winter months.”**

**Mark Twain was also quoted as saying:  
“I can live three months on a good compliment.”**

1. What is meant by both of these sayings?
2. How do words warm? Can you provide an example?
3. Do you agree with the idea behind the Japanese saying and Mark Twain? Why/ why not?
4. Are words as important as actions?

Based on this idea, create you own saying, and demonstrate it!